



Welland Park Academy

EDUCATION FOR
THE COMMUNITY

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Dear parents and carers,

Our school will be taking part in **Hello Yellow** on **Friday 10th October** (World Mental Health Day) to raise awareness and funds for YoungMinds, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why **Hello Yellow** matters. We're taking this opportunity as a school community to come together and show our students that we're with them and they're never alone with their mental health.

We'll be taking part by holding a non-uniform day. It would be lovely to see as much yellow as possible. Please note that students should dress appropriately for school – no false nails, crop tops etc.

You can also donate to support our school's fundraising via **Parent Pay**. We are trialling this means of donating following many requests from parents. A minimum donation of £1 would be greatly appreciated. Our goal is to raise £1000 for this very deserving young person's charity.

Most importantly, we want to share the resources which YoungMinds offer to support parents and carers if you ever need help and advice to support your children. This includes:

- online resources (www.youngminds.org.uk/parent/)
- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

Many thanks in advance for your support.

Cheryl Gerald



#HelloYellow

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YoungMinds, registered Charity in England (1016968) and Scotland (SC039700)