

teen
health

11-19 service

"YOU OKAY MATE?"

BOYS ENGAGEMENT SURVEY -YOUR HELP IS NEEDED!

HOW TEEN HEALTH HAS HELPED OTHERS...

"I ENJOYED HAVING
SOMEONE TO TALK TO
WHO ACTUALLY LISTENS
AND GIVES GOOD ADVICE."
OSCAR, 14

"TEEN HEALTH HAS BEEN
EXCELLENT. I'VE BEEN ABLE TO
UNDERSTAND AND STOP NEGATIVE
THOUGHT PATTERNS"
-COREY, 17

We are running this survey to help us to
understand from young people the support they
feel would help them during challenging times

We also want to know what might stop young
people from getting wellbeing support.



**ASKING FOR HELP
DOESN'T MAKE YOU
LESS OF A MAN**

Your answers to this questionnaire will help us to
understand how we can better support young
people for the future.



"CHECKING IN ON YOURSELF
IS JUST AS IMPORTANT AS
CHECKING ON EVERYONE
ELSE"
-STORMZY



"I'VE BEEN SUFFERING WITH MY
OWN MENTAL HEALTH PROBLEMS
SINCE I WAS 15... DEPRESSION
DOESN'T DISCRIMINATE"
-ROMAN KEMP

SHARE YOUR THOUGHTS NOW!
FOLLOW THE QR CODE:

www.teenhealth.org.uk

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Leicestershire
County Council