



MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers

Wowzers, what a week that was! It feels like we've been back much longer than we actually have. With the teacher training day on Monday, partial closures due to heating issues in A Block on Tuesday and Wednesday, and then the snow from Storm Goretta on Thursday night into Friday, it's certainly been an eventful start to the term!

Nevertheless, I'd like to wish you all a Happy New Year and a warm welcome back. I hope you had a lovely Christmas break. I also want to extend a huge thank you to all parents and carers for your support over the past few days. It's been an ever-changing picture day-to-day, so we really appreciate your patience, understanding, and flexibility.

Let's hope next week is calmer and less eventful!

Key Dates and Reminders:

- **Thursday, 15th January:** Virtual Parents' Evening for Year 11. Booking information will be sent out soon.
 - **End of the Month:** Our annual school musical – *Charlie and the Chocolate Factory!* Tickets are available to purchase online via our school website. Don't miss out!
- Thank you again for your continued support. Wishing you all a lovely weekend.

Warm regards

Pete Leatherland—Principal



Welland Park Academy

presents

Roald Dahl's

CHARLIE AND THE CHOCOLATE FACTORY

Book by
David Greig

Music by
Mark Shaiman

Lyrics by
Scott Wittman
Mark Shaiman

Based on the novel by ROALD DAHL
Songs from the Motion Picture by
LESLIE BRICUSSE and ANTHONY NEWLEY

This amateur production is presented by arrangement with Music Theatre International
All authorised performance materials are also supplied by MTI



January 27th, 29th & 30th 2026

It doesn't seem like 5 minutes since our amazing Performing Arts department presented us with The Little Mermaid but 12 months later they plan to dazzle us again with Charlie and the Chocolate Factory.

Tickets are on sale and they usually sell very quickly so please do remember to buy yours.

Tickets will on sale via Ticket Tailor. Please use the link below.

<https://buytickets.at/wellandparkacademy/1982780>



EARLY MORNING FOOD AND DRINK PROVISION

VENUE: DINING HALL

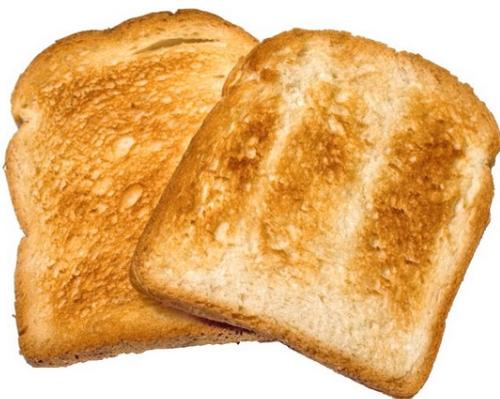
REMEMBER—OUR EARLY MORNING BREAKFAST PROVISION IS OPEN TO ALL STUDENTS

ALL BREAKFAST FOOD ITEMS ARE £1 INCLUDING TOAST, CRUMPETS, CEREAL, PORRIDGE AND BAGELS

HOT CHOCOLATE, TEA AND FRUIT JUICE ARE 50P

CATCH UP WITH YOUR FRIENDS BEFORE SCHOOL OR COMPLETE REVISION WORK AND ENJOY A DRINK AND SOMETHING TO EAT AT THE SAME TIME

A MINIMUM SPEND OF 50P MUST BE MADE





Welland Park Academy Lunch & Deli Menu Week commencing 12th January 26

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Concept	Home Comforts	American	Best of British	Home Comforts	Chip Day
Option 1	Cottage Pie & Gravy	Hot Dogs with Crispy Onions	Roast Gammon	Minced Beef & Onion Pie & Gravy	Chicken Breast Nuggets
Option 2	Vegetable Lasagne	Mac 'n 'Cheese	Mushroom Pie	Cheese & Potato Pie	Vegetarian Burger
Sides	Mixed Vegetables Cabbage	Hand-cut Wedges Peas	Roast Potatoes, Roasted Veg & Gravy	Potatoes Sweetcorn	Chips Baked Beans
Authentic Italian	Authentic Italian Pizza and Pasta Bar				
Hot Deli	Panini Jacket & Topping	Panini Jacket & Topping	Panini Jacket & Topping	Panini Jacket & Topping	Panini Jacket & Topping

POLITE REQUEST TO PARENTS

We would like to remind parents and carers of the procedures for students who require medication during the school day.

If your child is unwell or has a condition that means they may need over-the-counter medication—such as Paracetamol or Ibuprofen—please ensure they come to school with their own supply. This should be dropped off at the Front Office, where it can be safely stored and administered if needed.

Please note that the school holds only a very limited supply of basic medication, restricted to a small stock of Paracetamol and Ibuprofen. We do not keep Calpol, cough medicines, or specific pain relief such as Feminax or Migralve. Supplying your child's own medication ensures we are able to support them promptly and appropriately.



If your child has a health condition requiring prescribed medication—including antibiotics, strong painkillers, asthma inhalers, Epipens, or insulin—these must be brought into school and accompanied by a completed Medication Form. This form provides essential guidance to our office staff on when and how the medication should be administered.

Please also be aware that students should not carry medication in their bags, unless this has been specifically agreed in advance with Mrs Goulborn, our Lead First Aider.



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LET'S ALL TALK
mental health



Hello,

The return to school after the Christmas break can be an uphill trek for many teenagers.

Many students need time to readjust to school routines, expectations and academic demands. This transition can affect mood, motivation and focus, particularly in the early weeks of term.

For most young people, this post-holiday dip is temporary, but schools often see the impact first through reduced engagement, increased anxiety or challenges around organisation and attendance.

By pointing parents and carers towards trusted resources, schools can offer both responsive and preventative support that helps families make practical adjustments at home as students re-settle into learning.

Support for Parents and Carers

The Let's All Talk Mental Health hub offers a wide range of on-demand recordings for parents and carers, covering sleep, exam and academic pressure, emotional wellbeing and self-esteem, alongside many other topics relevant to teenage life.

Teenage Blues or Depression? A Parents Guide
Monday 12th January at 8pm

ADHD and Teen Pressures: What Parents Need to Know
Monday 19th January at 8pm

Tired, Wired and Falling Behind: The Truth About Teen Sleep
Monday 26th January at 8pm

Coming this Month

Let's All Talk Mental Health's live programmes start next week:

12 January – *Teenage Blues or Depression? A Parents' Guide*

19 January – *ADHD and Teen Pressures: What Parents Need to Know*

26 January – *Tired, Wired and Falling Behind – The Truth About Teen Sleep*

Many schools use Let's All Talk Mental Health as an easy, effective way to signpost parents to expert support beyond the school gates. We invite you to join an upcoming session with a free school trial pass and see how it supports families and complements school-based care.

COPY AND PASTE THE LINK BELOW INTO YOUR BROWSER TO ACCESS THE HUB

https://ti.to/lets-all-talk-mental-health/lets-all-talk-mentalhealth/with/0sl89ufx7ua?mc_cid=cf7bbe52f0

Children's safety during the wintry weather

Please ensure that your child is dressed appropriately for the cold weather, including warm coats, hats, gloves, and suitable footwear/boots. If your child walks or cycles to school, please remind them to be cautious and watch for icy patches.



Health | Well-being | School Sport | PE | Physical Activity
Supporting South Leicestershire Schools to provide opportunities for all young people

South Leicestershire Community Board

Local Support Services
There is always a service out there for you no matter what the situation.
Click [here](#) to find details of great support services available.

LET'S STAY ACTIVE!

Simple ideas to stay physically active and have fun!

Find joy in every step

Walking has many benefits for both your physical and mental health. A brisk walk can help build stamina, burn calories and keep your heart healthy. You and your family could go on a scavenger hunt, grab a bag and go foraging for treasures, snap a photo of any wildlife you spot or use a tracker to count your steps! Discover local walking routes [here](#) and enjoy the beautiful green spaces South Leicestershire has to offer.



Ready, Set, Run!

Junior Parkruns are FREE, weekly, community events open to everyone! Find your nearest Junior Parkrun [here](#). Plus you can earn milestone rewards and achievement certificates.

Geocaching

Join the world's biggest treasure hunt, find out more [HERE!](#)

Weekly Workouts

Use Wick's The Body Coach posts weekly home workouts to help you get stronger, healthier and happier! Check the videos out [HERE!](#)



#LetGirlsPlay

Fancy joining a girls football team? Click [here](#) to find local girls football clubs in your area!

Let's Dance!

GoGoDance has HUNDREDS of fun and active videos the whole family will enjoy, from dance routines in every genre, workouts, stretch and mindfulness videos. GoGoDance has you covered! Explore them [HERE!](#)

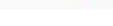
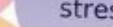
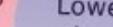
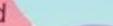
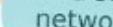
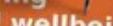
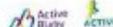


Try something new!

Whether you're into gymnastics, yoga, taekwondo, or dance, there are plenty of local clubs to explore. Search for sports and activity clubs in your area [HERE!](#) For more information on local clubs, click on the logos.

Parks & Adventure Playgrounds

Parks are the perfect place to be physically active, whilst having fun! Running, climbing, jumping, balancing, the possibilities are endless! Why not take a football, Frisbee or tennis rackets and set up a game with your friends or family.



Five to thrive
We've all heard that our body needs 5 portions of fruit or veg a day to grow strong, well our brain needs 5 things too.

- respond
- cuddle
- relax
- play
- talk

It's demonstrated in a tower of building blocks and can support your child's brain development. But this isn't just for children, the whole family can use Five to Thrive to strengthen relationships and build resilience.
Find out more by visiting the family hubs website



Benefits of volunteering on physical & mental wellbeing



- Improve confidence and self-esteem
- Get Outdoor
- Build social networks
- Personal development
- Improved mental wellbeing
- Lower stress
- To find out more about volunteering opportunities in the Harborough District contact:
- Grow the community
- Have fun!

Click the flyers to find out more!





Loughborough College Group - EHCP Guidance Day Invitation

Since the success of last year's Loughborough College EHCP Guidance Day, we are pleased to tell you that we are hosting three more. This year these will be across the Loughborough, Stephenson's and Brooksby campuses. You will also be able to find out more about our Melton campus held at Brooksby.

If your young people have an EHCP or are applying for one and are in school year nine or above, please bring them along or share this information with the students' trusted adults.

Loughborough College 21st January 2026 12.30pm-5pm

Stephenson's College 22nd January 2026 12.30pm-4pm

Brooksby College 23rd January 2026 12:30-4pm

There will be a presentation for the College leaders at 1pm-1.30pm. From this point onwards visitors will have the opportunity to go to subject talks, speak with our Learning Support team, Foundation Learning, Student Finance, Learner Welfare team and Careers team.

Our collaborative partners PATHWAYS, Coalville Can Community HUB, Leicestershire SEND Hub and Parent Group, Leicestershire LEA and new Foundation Learning STEP UP Programme will be visiting on some of the dates and will be able to support you with any questions.

We will be inviting parents/carers/students to book a learning support appointment with us while they are here. If you would like to arrange appointments on their behalf, we can accommodate that on the day too. We are also happy to discuss schools' appointments for information sharing. Please go to the Learning Support desk when you are here.

You are welcome to go to more than one event if you would like to. Please register your interest on the link below:

[Loughborough College Group EHCP Guidance Day Registration Form – Fill out form](#)

We welcome students and their trusted adults, parents/carers/staff representing students and school groups.

If you need help completing the form or have any questions, please email EHCP@loucoll.ac.uk. If you have already registered, please ignore this email.

We look forward to seeing you!