



MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers

It has been a lovely first full week back at Welland Park Academy. The school has been full of energy, positivity and purpose, and it has been wonderful to see our students settling so quickly into routines and making such a positive start to the new academic year.

A huge thank you to everyone who supported our Open Morning and Open Evening on Thursday. It was an amazing day, packed full of happy, smiling faces and a real sense of community. What stood out, as always, were our students. They were undoubtedly the unique selling point of the school; knowledgeable, passionate and immensely proud of Welland Park Academy. Whether leading tours, speaking to prospective families or helping visitors find their way around, they represented the school brilliantly and demonstrated our values of Perseverance, Achievement, Respect and Kindness in action. Thank you for allowing your children to be part of the event. We are incredibly proud of the way they conducted themselves and the positive impression they made on so many visitors.

We are also delighted to share that we are once again working towards reaccreditation of the Wellbeing Award for Schools, led by Mrs Gerald. Student and staff wellbeing remain at the heart of everything we do at Welland Park Academy, and this award recognises our ongoing commitment to promoting positive emotional wellbeing and mental health across our whole school community.

A reminder that the school photographer will be in school on Tuesday for Year 7 and Year 10 photographs. Please ensure students arrive in full school uniform and looking their best. As several students have already reminded me, if they are planning a special hairstyle for their photograph, Tuesday is definitely the day to do it!

Thank you, as always, for your continued support. The first full week of the term has been a wonderful one and it has been a pleasure to see our students embracing school life with such enthusiasm, confidence and pride.

Have a fantastic weekend.

Pete Leatherland—
Principal

In The Welland Park Family,

We Respect

Persevere

Achieve... *with Kindness*





Wellbeing @WPA

Student and staff well-being are at the heart of all we do at Welland Park. We believe in the importance of working together in partnership with home, students, staff and local community.

After achieving the **Wellbeing Award for Schools** in 2022 with flying colours, we are working towards reverifying this award. At Welland Park Academy we are committed to promoting and protecting positive emotional wellbeing and mental health of students and staff. We are proud of our **positive culture** and **Core Values**. **Emotional wellbeing and mental health, is the responsibility of us all** and we are very proud indeed of the provision that is already in place in school. From form tutors to pastoral and SEND support to a whole array of clubs and activities, school trips and visits and rich and exciting lessons ... to name but a few!

Many thanks to parents / carers who completed the survey at the end of last academic year. Your feedback makes an invaluable contribution to our commitment to continuous improvement in all areas of school life.

Please join us in our Action for Happiness monthly 'challenges'.



Self-Care September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time
7 Give yourself permission to say 'no'	8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one
14 If you're busy, allow yourself to pause and take a break	15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 No plans day. Make time to slow down and be kind to yourself	18 Ask a trusted friend to tell you what strengths they see in you	19 Notice what you are feeling, without any judgement	20 Enjoy photos from a time with happy memories
21 Don't compare how you feel inside to how others appear outside	22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Avoid saying 'I should' and make time to do nothing	26 Find a new way to use one of your strengths or talents	27 Free up time by cancelling any unnecessary plans
	28 Choose to see your mistakes as steps to help you learn	29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are			

ACTION FOR HAPPINESS

Happier · Kinder · Together

Our
vision!



Children's Commissioner for England Survey

Dame Rachel De Souza has launched the 'Big Survey' to allow students to have their say on what it's like to be a child or young person in England today. She will take their views to the Government, to help them make life better for children.

If any student didn't get a chance to complete this survey before the Summer, please do so here:

<https://www.childrenscommissioner.gov.uk/thebigfuture>



WEEK COMMENCING:- 14 TH SEPTEMBER 2026	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN # 1	Marinated Chicken with Rice, Coleslaw and salad 	Cheesy Beef Cottage Pie, Vegetables and gravy	Chicken Roast of the Day	Chicken and Leek Pie with potatoes & vegetables 	Pork Sausages with chips and beans
MAIN # 2	Marinated Vegetables with Rice, Coleslaw and salad	Cheese, onion, potatoes pie with vegetables and gravy	Roasted Vegetable Lattice	Roast Veg Pie served with potatoes	Vegetarian Sausage with chips and beans
HANDHELD	Pizza, Panini's, toasties & lite bite of the day	Pizza, Panini's, toasties & lite bite of the day	Pizza, Panini's, toasties & lite bite of the day	Pizza, Panini's, toasties & lite bite of the day	Pizza, Panini's, toasties & lite bite of the day
BOWLED OVER	Pasta Kitchen (Tomato)	Pasta Kitchen (Pesto & mac n cheese)	Topped Curly fries 	Pasta Kitchen (Tomato & mac n Cheese)	Pasta Kitchen (Tomato & Pesto) 

Selection of cakes, muffins, cookies, brownies, flapjacks, hot puddings & custard

**BAKERY &
PUDDINGS**

SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED POTATOES WITH A VARIETY OF TOPPINGS FOR YOU TO CHOOSE FROM!

**AVAILABLE
EVERYDAY
FRESH FRUIT,
YOGHURTS & JELLY**



ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY & NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES.





Newsletter Issue 2



PUMAS U12'S

2003 FOOTBALL CLUB

SATURDAYS AT SYMINGTON REC
10 til 11AM TRAINING

Are you a current year 7?

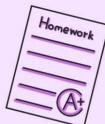
JOIN OUR TEAM NOW

Message Chris on 07740486799

We are ready to welcome new players for this season 26/27 U12'S Year 7.

Symington Recreational Ground LE16 7DS

**AFTER SCHOOL
'POWER HOUR'**



A QUIET PLACE TO STUDY, DO YOUR HOMEWORK OR WORK ON YOUR NEXT GROUP PROJECT.

TUESDAYS, 15:30 - 17:00

FREE CUPCAKE WITH ANY DRINK PURCHASE.

AT MIMI'S CAFE,
FAIRFIELD ROAD, LE16 9QJ



The Year 11 Prom Committee will be fundraising at Lubenham Scarecrow Festival this weekend.

Pop along and see us in one of the big white tents.

We will have a book stall and 2 tombolas.

11am to 6pm Saturday and Sunday.