



MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers

It has been another wonderful week here at WPA, full of opportunities to connect, celebrate, and look ahead together.

On **Wednesday evening**, we were delighted to host our **Year 7 Meet the Tutor Evening**. It was such a pleasure to welcome our new Year 7 parents and carers into school for the very first time and to see so many friendly faces. The event provided a lovely opportunity for tutors and families to get to know one another, and to hear how our new Year 7 students are settling in so well. Thank you to everyone who joined us—we are so excited to continue this journey with you.

We welcomed Market Harborough Building Society and charity partners, Mind, Young Enterprise and Wiseup financial education to share their inaugural presentation to our year 10 students. HBS have teamed up with their partners to create financially, mentally healthy and sustainable opportunities for the local youngsters and we were lucky to be the first school chosen! Opportunities include a six week mental health program, whole year group financial education and the opportunity to start a business. Year 10 students will be able to sign up and select things that interest them

We are also pleased to share that **Mandarin Club restarts next Monday after school**. These sessions are completely free and open to all students. It's a wonderful way to try something new, learn a global language, and have fun—so do come along and give it a go! We'd love to see lots of students there, ready to say "nǐ hǎo."

As October begins, we are embracing **Optimistic October**, an initiative from *Action for Happiness*. Each day offers small, practical ideas for living a calmer, happier, and more positive month. We encourage both students and families to take part—you can find the full calendar on our school website under the **Wellbeing** tab.

A reminder to please keep checking our **school calendar** on the new website for updates about forthcoming events. Two key dates coming up are:

- **Year 10 Work Experience Parent Launch** – Thursday 2nd October, 6.00pm in the Octagonal Hall
- **Welcome to Year 11 Evening** (for parents and students) – Thursday 9th October, 6.00pm in the Octagonal Hall

We are very much looking forward to these events and hope to see as many of you as possible.

Thank you, as always, for your ongoing support. Wishing you all a happy and restful weekend.

Pete Leatherland—Principal

7
**Look for the good in
people around you
today**

16
**Put down your to-do
list and do
something fun or
uplifting**

27
**Be kind to yourself
today. Remember,
progress takes time**



Newsletter Issue 4

IT'S COMING.....

If you would like to visit a Christmas market this year, this is your chance! A coach will leave Welland Park Academy at 8.00am on Sunday 23rd November and will arrive in Manchester at around 10.30am. It will leave Manchester at 5.30pm and return to Welland Park Academy at approximately 8.00pm giving you around 7 hours to explore Manchester.

Now in their 26th year, Manchester's Christmas Markets have become legendary, drawing millions to the city centre. With over 300 stalls spread across ten locations, visitors can enjoy seasonal treats, mulled wine, and a wonderful festive atmosphere. Whether you're after handmade gifts, craft items, or delicious food, the markets cater to all tastes and ages.

Craft and gift stalls will trade from 10 am to 8 pm, while food and drink stalls will serve from 11 am to 9 pm daily.

The city will be decked out with festive lights, creating the perfect backdrop for your Christmas selfies. Look out for giant walk-through baubles, the iconic Manchester bee, and Santa Claus himself, perched high above St Peter's Square, keeping track of who's been naughty or nice.

For those who love ice skating, Skate Manchester's covered rink returns to Cathedral Gardens. Whether it's raining or snowing, you can enjoy a magical skate under twinkling lights to the sound of festive music so if you are feeling energetic you can get your skates on and whizz around the ice rink.

There are plenty of options for everyone!

The trip will take place on Sunday 23rd November 2025 and the cost is £25 per person. This is a Fundraising Group organised trip so please feel free to invite family and friends. For further details please email Mrs Burgess burgessn@wellandparkacademy.com





HARBOROUGH TOWN



U15 GIRLS FOOTBALL PLAYERS WANTED

*BE PART OF A POSITIVE TEAM
SUPPORTIVE COACHES
GREAT FACILITIES
TRAINING ON FRIDAYS, MATCHES ON SUNDAYS*



For more information, contact Loreen on 07751261414 or fill in a player enquiry form on our website: harboroughtownfc.org



Welland Park Academy Lunch & Deli Menu Week commencing 29th September 25

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Concept	Asian	Indian	Pie Day	Best of British	Chip Day
Option 1	Hot Chinese Chicken Wrap	Tandoori Chicken & Garlic Mayo	Mince Beef Pie & Gravy	Roast Chicken with Stuffing & Gravy	Sausages
Option 2	Sweet Thai Vegetable Stir-fry	Spicy Vegetable Wrap	Creamy Mushroom Pie	Cheese Onion & Potato Bake	Veggie Sausages
Sides	Firecracker Rice Sweetcorn	Potatoes Kachumber	Mash Potato Roast Vegetables	Roast Potatoes Broccoli & Cauliflower	Chips Baked Beans
Authentic Italian	Authentic Italian Pizza and Pasta Bar				
Hot Deli	Panini Jacket & Topping	Panini Jacket & Topping	Panini Jacket & Topping	Panini Jacket & Topping	Panini Jacket & Topping



Young Carers Group

Referral only youth group

At The Cube, Symington Rec,
Market Harborough

Alternate Tuesdays in Term-time,
6:30pm - 8:30pm
plus trips

Please contact Avril Da Silva for referral/transport information on
avril@hcyk.org.uk or visit www.hcyk.org.uk

Charity Number: 1202997



YOUNG PEOPLE SURVEY



Are you aged 11 – 24 and live in Leicester, Leicestershire and Rutland?

We want to hear from you! Share your experiences and views of crime and violence in your area.

Your responses will help improve how local organisations and partners work together to create safer communities.

The survey is anonymous and will take 10-15 minutes.

PRIZE DRAW

Enter your email address at the end to be entered into a prize draw to win a **£50 voucher!**

Scan the QR code or visit
www.surveymonkey.com/r/YPSURVEYLLR
to complete the survey now!

Closing date:
Sunday 30th November 2025



LEICESTER, LEICESTERSHIRE & RUTLAND





EMOTIONAL HEALTH AND WELL-BEING



'Student and staff well-being are at the heart of all we do at Welland Park. We believe in the importance of working together in partnership with home, students, staff and local community.'

This month we are looking forward to

'Optimistic October'. Why not have a go with family and friends!

Optimistic October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 1. Write down three things you can look forward to this month	 2. Find something to be optimistic about (even if it's a difficult time)	 3. Take a small step towards a goal that really matters to you	 4. Start your day with the most important thing on your to-do list	 5. Be a realistic optimist. See life as it is, but focus on what's good		
 6. Remind yourself that things can change for the better	 7. Look for the good in people around you today	 8. Make some progress on a project or task you have been avoiding	 9. Share an important goal with someone you trust	 10. Take time to reflect on what you have accomplished recently	 11. Avoid blaming yourself or others. Find a helpful way forward	 12. Look out for positive news and reasons to be cheerful today
 13. Ask for help to overcome an obstacle you are facing	 14. Do something constructive to improve a difficult situation	 15. Thank yourself for achieving the things you often take for granted	 16. Put down your to-do list and do something fun or uplifting	 17. Take a small step towards a positive change you want to see in society	 18. Set hopeful but realistic goals for the days ahead	 19. Identify one of your positive qualities that will be helpful in the future
 20. Find joy in tackling a task you've put off for some time	 21. Let go of the expectations of others and focus on what matters to you	 22. Share a hopeful quote, picture or video with a friend or colleague	 23. Recognise that you have a choice about what to prioritise	 24. Write down three specific things that have gone well recently	 25. You can't do everything! What are your three priorities right now?	 26. Find a new perspective on a problem you face
 27. Be kind to yourself today. Remember, progress takes time	 28. Ask yourself, will this still matter a year from now?	 29. Plan a fun or exciting activity to look forward to	 30. Identify three things that give you hope for the future	 31. Set a goal that brings a sense of purpose for the coming month		

ACTION FOR HAPPINESS **Happier · Kinder · Together**