

Overviews 2026-2027: Year 7 Citizenship Programme of Study

	Week	W/C	Content	
Half Term 1 [8 weeks]	1	24.08.26	Wednesday 26 th - session provided by EAS	
	2	31.08.26	(Unit 2) Wellbeing & Careers - (1) <i>This is me</i> & 'What can I do?	
	3	07.09.26	(Unit 2) Wellbeing & Careers - (2) <i>What's it all about?</i> & 'Why have homework?	
	4	14.09.26	(Unit 2) Wellbeing & Careers - (3) <i>What are key skills and work related skills?</i>	
	5	21.09.26	European Languages Day – Lesson provided by HRU - TBC	
	6	28.09.26	(Unit 2) Wellbeing & Careers – (4) <i>Emotional Wellbeing</i>	
	7	05.10.26	Year 7 What's my line careers event – Octagonal Hall	
	8	12.10.26	(Unit 2) Wellbeing & Careers – (5) <i>Resilience & dealing with change</i>	
HALF TERM 1				
Half Term 2 [8 weeks]	9	26.10.26	MVP Lesson 1 – led by Y10/Y11 MVP Mentors	
	10	02.11.26	(Unit 2) Wellbeing & Careers - (6) <i>Recognising poor mental health</i>	
	11	09.11.26	Year 7 Tellmi online safety session	
	12	16.11.26	(Unit 3) Healthy living & RSE – (1) <i>Healthy Life - Diseases & Vaccinations</i>	
	13	23.11.26	(Unit 3) Healthy living & RSE – (2) <i>Anti-Bullying: Healthy friendships & anti bullying</i>	
	14	30.11.26	(Unit 3) Healthy living & RSE – (3) <i>Personal Hygiene & Dental Health</i>	
	15	07.12.26	(Unit 3) Healthy living & RSE – (4) <i>Caffeine & Sleep</i>	
	16	14.12.26	(Unit 3) Healthy living & RSE – (5) <i>Science relating to blood/ organ/ stem cell donation</i>	
CHRISTMAS				
Half Term 3 [6 weeks]	17	04.01.27	(Unit 3) Healthy living & RSE – (6) <i>Family relationships (marriage/ cohabitation)</i>	
	18	11.01.27	(Unit 3) Healthy living & RSE – (7) <i>Growing and changing</i>	
	19	18.01.27	(Unit 3) Healthy living & RSE – (8) <i>Puberty</i>	
	20	25.01.27	(Unit 3) Healthy living & RSE – (9) <i>Healthy & unhealthy relationships</i>	
	21	01.02.27	(Unit 3) Healthy living & RSE – (10) <i>Introducing consent</i>	
	22	08.02.27	MVP Lesson 2 – led by Y10/Y11 MVP Mentors	
HALF TERM 2				
Half Term 4 [4 weeks]	23	22.02.27	(Unit 4) Democracy - (1) <i>Parliament</i>	
	24	01.03.27	(Unit 4) Democracy - (2) <i>House of Commons</i>	
	25	08.03.27	(Unit 4) Democracy - (3) <i>House of Lords</i>	
	26	15.03.27	(Unit 5) Being Safe – (1) <i>What is risk</i>	
EASTER				
Half Term 5 [8 weeks]	27	05.04.27	(Unit 5) Being Safe – (2) <i>Being assertive and dealing with pressure</i>	
	28	12.04.27	(Unit 5) Being Safe – (3) <i>travel safety</i>	
	29	19.04.27	(Unit 6) Community – (1) <i>Successful communities</i>	
	30	26.04.27	(Unit 6) Community – (2) <i>Differences & Protected Characteristics</i>	
	31	03.05.27	(Unit 6) Community - (3) <i>Problems in communities</i>	
	32	10.05.27	(Unit 6) Community - (5) <i>tackling prejudice & discrimination</i>	3 x forms on Unifrog
	33	17.05.27	(Unit 6) Community - (5) <i>tackling prejudice & discrimination</i>	4 x forms on Unifrog
	34	24.05.27	(Unit 6) Community – (6) <i>Community & Voluntary agencies</i>	
HALF TERM				
Half Term 5 [5 weeks]	35	07.06.27	(Unit 8) Economic Wellbeing – EconoME - (1) <i>What affects my decisions?</i>	3 x forms – Wizeup talk on financial scamming
	36	14.06.27	(Unit 8) Economic Wellbeing – EconoME - (1) <i>What affects my decisions?</i>	4 x forms – Wizeup talk on financial scamming
	37	21.06.27	(Unit 8) Economic Wellbeing – EconoME - (2) <i>How can I make informed decisions?</i>	
	38	28.06.27	(Unit 8) Economic Wellbeing – EconoME - (3) <i>Why do my decisions matter?</i>	
	39	05.07.27	(Unit 8) Economic Wellbeing – EconoME - (4) <i>Saving, borrowing and protecting</i>	

Overviews 2026-2027: Year 8 Citizenship Programme of Study

	Week	W/C	Content	
Half Term 1 [8 weeks]	1	24.08.26	No lesson for Y8 this week. Straight to lessons on Thursday 27 th August	
	2	31.08.26	(Unit 1) Welcome back – (1) Setting SMART targets	
	3	07.09.26	(Unit 2) Careers – (1) Planning for the future & aspirations	
	4	14.09.26	(Unit 2) Careers - (2) Moon Mission	
	5	21.09.26	European Languages Day – lesson provided by HRU	
	6	28.09.26	(Unit 2) Careers – (3) My personal brand	
	7	05.10.26	(Unit 2) Careers – (4) This is what I want	
	8	12.10.26	(Unit 2) Careers – (5) What’s my line (Job families)	
HALF TERM 1				
Half Term 2 [8 weeks]	9	26.10.26	MVP Lesson – led by Y10/Y11 MVP Mentors	
	10	02.11.26	(Unit 2) Careers – (6) What does the law say about work?	
	11	09.11.26	(Unit 3) Healthy Living – (1) Drugs – Effects on the body	
	12	16.11.26	(Unit 3) Healthy Living - (2) Drugs – The Law	
	13	23.11.26	(Unit 3) Healthy Living - (3) Drugs –County Lines	
	14	30.11.26	(Unit 3) Healthy Living - (4) Alcohol – The Law	
	15	07.12.26	(Unit 3) Healthy Living - (5) Alcohol – Effects on the body	
	16	14.12.26	(Unit 3) Healthy Living - (6) Alcohol - Addiction & Alcoholism	
CHRISTMAS				
Half Term 3 [6 weeks]	17	04.01.27	(Unit 3) Healthy Living - (7) Smoking – The Law	
	18	11.01.27	(Unit 3) Healthy Living - (8) Smoking – Effects on the body	
	19	18.01.27	(Unit 3) Healthy Living - (9) Second Hand Smoking & Vaping	
	20	25.01.27	(Unit 4) Economic Wellbeing – (1) The Real Game - Lesson 1	
	21	01.02.27	(Unit 4) Economic Wellbeing - (2) The Real Game - Lesson 2	
	22	08.02.27	MVP Lesson – led by Y10/Y11 MVP Mentors	
HALF TERM 2				
Half Term 4 [4 weeks]	23	22.02.27	(Unit 5) Being Safe – The Warning Zone – booked – octagonal hall	
	24	01.03.27	(Unit 5) Being Safe – (1) Being safe online	
	25	08.03.27	(Unit 5) Being Safe – (2) Social Media	
	26	15.03.27	(Unit 5) Being Safe – (3) AI and deepfakes	
EASTER				
Half Term 5 [8 weeks]	27	05.04.27	(Unit 5) Being Safe – (4) Cyberbullying	
	28	12.04.27	(Unit 5) Being Safe –(5) Online stress and FOMO	
	29	19.04.27	(Unit 5) Being Safe – (6) Fake News	
	30	26.04.27	(Unit 5) Being Safe – (7) Child Sexual Exploitation	
	31	03.05.27	(Unit 5) Being Safe – (8) Grooming	
	32	10.05.27	(Unit 5) Being Safe – (9) Sextortion	
	33	17.05.27	(Unit 6) Individual Liberty – (1) Human Rights	
	34	24.05.27	(Unit 6) Individual Liberty – (2) Wants, needs and rights of the child	
HALF TERM				
Half Term 6 [5 weeks]	34	07.06.27	(Unit 7) Wellbeing - (1) Confident Me – Appearance ideals	3 x forms on Unifrog
	35	14.06.27	(Unit 7) Wellbeing - (1) Confident Me – Appearance ideals	4 x forms on Unifrog
	36	21.06.27	(Unit 7) Wellbeing - (2) Confident Me – Media Messages	
	37	28.06.27	(Unit 7) Wellbeing - (3) Confront compassions	
	38	05.07.27	(Unit 7) Wellbeing – (4) Banish Body Talk	

Overviews 2026-2027: **Year 9 Citizenship Programme of Study**

	Week	W/C	Content
Half Term 1 [8 weeks]	1	24.08.26	No lesson for Y9 this week. Straight to lessons on Thursday 27 th August
	2	31.08.26	(Unit 1) Welcome back –(1) SMART targets, reflecting on Year 8
	3	07.09.26	(Unit 2) Wellbeing –(1) Resilience
	4	14.09.26	(Unit 2) Wellbeing - (2) Eating disorders
	5	21.09.26	(Unit 2) Wellbeing – (3) Importance of Exercise
	6	28.09.26	(Unit 3) Careers – (1) Careers in the NHS
	7	05.10.26	(Unit 3) Careers –(2) Careers in STEM
	8	12.10.26	(Unit 3) Careers –(3) Futuristic Careers and AI
HALF TERM 1			
Half Term 2 [8 weeks]	9	26.10.26	(Unit 3) Careers – (4) Post-16 options – t-levels/ apprenticeships/ a-levels
	10	02.11.26	(Unit 3) Careers – (6) Challenging stereotypes in jobs
	11	09.11.26	(Unit 3) Careers – (6) Challenging stereotypes in jobs
	12	16.11.26	(Unit 4) Being Safe - (1) Racism & Solidarity
	13	23.11.26	(Unit 4) Being Safe - (2) Cybercrime
	14	30.11.26	(Unit 4) Being Safe – (3) Preventing involvement in serious and organised crime
	15	07.12.26	(Unit 4) Being Safe – (4) Gangs & Knife Crime (Inc. video from Leicestershire Police)
	16	14.12.26	(Unit 5) Law & Democracy – (1) Basics of UK Constitution
CHRISTMAS			
Half Term 3 [6 weeks]	17	04.01.27	(Unit 5) Law & Democracy – (2) Criminal or Civil Law
	18	11.01.27	(Unit 5) Law & Democracy - (3) Magistrates or Crown Court
	19	18.01.27	Racism Talk – Reubyn Ricardo
	20	25.01.27	(Unit 5) Law & Democracy – (4) Youth Justice
	21	01.02.27	(Unit 5) Law & Democracy – (5) Commonwealth
	22	08.02.27	(Unit 6) Interview Days - (1) Introduction to interview process
HALF TERM 2			
Half Term 4 [5 weeks]	23	22.02.27	(Unit 6) Interview Days - (2) Barclays Life Skills - Interview Skills
	24	01.03.27	(Unit 3) Interview Days/ Careers –(3) Local job market focus – careers in logistics
	25	08.03.27	(Unit 3) Interview Days/ Careers
	26	15.03.27	(Unit 6) Interview Days - Week of Y9 Interviews / (3) Interview Speed Dating
EASTER			
Half Term 5 [8 weeks]	27	05.04.27	(Unit 6) Interview Days - Week of Y9 Interviews / (3) Interview Speed Dating
	28	12.04.27	(Unit 6) Interview Days – Interview Days Reflection
	29	19.04.27	(Unit 6) Careers - Local labour market
	30	26.04.27	(Unit 7) RSE –(1) Relationship Management
	31	03.05.27	(Unit 7) RSE – (2) Positive relationships
	32	10.05.27	(Unit 7) RSE – (3) Role models
	33	17.05.27	(Unit 7) RSE – (4) Sexual ethics
	34	24.05.27	(Unit 7) RSE – (5) Relationship Values
HALF TERM			
Half Term 6 [5 weeks]	35	07.06.27	(Unit 7) RSE – (6) Sexual Harassment
	36	14.06.27	(Unit 7) RSE – (7) Consent
	37	21.06.27	(Unit 7) RSE – (8) Introduction to Contraception
	38	28.06.27	(Unit 8) Economic Wellbeing -
	39	05.07.27	(Unit 8) Economic Wellbeing -

Overviews 2026-2027: **Year 10 Citizenship Programme of Study**

	Week	W/C	Content
Half Term 1 [8 weeks]	1	24.08.26	No lesson for Y10 this week. Go to lessons at 0915 am Thursday 27 th August
	2	31.08.26	Being Safe- Internet sub cultures
	3	07.09.26	Being Safe- Deepfakes
	4	14.09.26	Being Safe- Rights and responsibilities online
	5	21.09.26	Being Safe-AI
	6	28.09.26	Being Safe- Fake news and sextortion
	7	05.10.26	Rule of Law- Revision of UK legal system, County Lines and CCE
	8	12.10.26	Tolerance and Mutual Respect- Judaism lesson (complete end of term assessment)
HALF TERM 1			
Half Term 2 [8 weeks]	9	26.10.26	Rule of Law- Misogyny and Harassment
	10	02.11.26	Tolerance and Mutual Respect- Hinduism lesson based around Diwali
	11	09.11.26	Democracy- UK parliamentary and legal systems
	12	16.11.26	Democracy- UK Devolution
	13	23.11.26	Democracy- Voting systems, manifestos and elections
	14	30.11.26	Democracy- Other political systems- North Korea
	15	07.12.26	Democracy- World Organisations- EU, Commonwealth and UN
	16	14.12.26	Democracy- Supporting our local community (complete end of term assessment)
CHRISTMAS			
Half Term 3 [6 weeks]	17	04.01.27	Rule of Law - Understanding and Preventing Extremism/ Radicalisation
	18	11.01.27	Rule of Law- How Can Language Divide Us?
	19	18.01.27	Rule of Law- How we can Influence Extremism
	20	25.01.27	World Issues- Climate Change
	21	01.02.27	Health and Wellbeing- Body Image
	22	08.02.27	Health and Wellbeing- sleep, stress and exam preparation (complete end of term assessment)
HALF TERM 2			
Half Term 4 [5 weeks]	23	22.02.27	Mock Exams
	24	01.03.27	Mock Exams
	25	08.03.27	World Issues: Conflict, Refugees and Humanitarian Support
	26	15.03.27	World Issues: Modern Slavery and Human Trafficking
EASTER			
Half Term 5 [8 weeks]	27	05.04.27	First Aid- Alzheimer and Dementia (External Speaker Rotation)
	28	12.04.27	First Aid- Practical Lesson (External Speaker)
	29	19.04.27	First Aid- CPR and Primary Survey
	30	26.04.27	First Aid- Bleeding, shock, organ and blood donation
	31	03.05.27	Tolerance and Mutual Respect- Islam lesson based around Eid
	32	10.05.27	First Aid- Breaks and strains
	33	17.05.27	Finance- Wize Up Financial Education- taxes, pensions (1/2 Year group over 2 weeks)
	34	24.05.27	Finance- Crypto Currencies and staying safe with money (complete end of term assessment)
HALF TERM			
Half Term 6 [5 weeks]	35	07.06.27	Finance- Budget Game
	36	14.06.27	Careers- CV Writing
	37	21.06.27	Careers- Work Experience Prep
	38	28.06.27	Careers- Work Experience
	39	05.07.27	Careers- Post 16 Options

Overviews 2026-2027: **Year 11 Citizenship Programme of Study**

	Week	W/C	Content
Half Term 1 [8 weeks]	1	24.08.26	No lesson for Y11 this week. Go to lessons at 0915 am Thursday 27 th August
	2	31.08.26	Careers- Personal Statement/ Interview Day Prep
	3	07.09.26	Careers- Post 16 Applications (Rotation through Computer Rooms)
	4	14.09.26	Careers- Post 16 Applications (Rotation through Computer Rooms)
	5	21.09.26	Staying Safe- Honour Based Abuse
	6	28.09.26	Staying Safe- Understanding Child Marriage and Forced Marriage
	7	05.10.26	RSE- Contraception (Delivered by RSE team. One form per week)
	8	12.10.26	RSE- Consent and End of Term Assessment
HALF TERM 1			
Half Term 2 [8 weeks]	9	26.10.26	RSE- Healthy relationships including coercive control
	10	02.11.26	RSE- Unrealistic expectations and harmful sexual behaviours
	11	09.11.26	Mock Exams
	12	16.11.26	Mock Exams
	13	23.11.26	RSE- Pregnancy, menstrual health and menopause
	14	30.11.26	RSE- STI's and Fertility
	15	07.12.26	Finance- Savings and Investments (1/2 a year group at a time over two weeks)
	16	14.12.26	Rule of Law- Protected Characteristics in the UK and End of Term Assessment
CHRISTMAS			
Half Term 3 [6 weeks]	17	04.01.27	Health and Wellbeing- Stress, sleep and preparing for exams
	18	11.01.27	Careers- What makes a good leader?
	19	18.01.27	Careers- Enterprise Activity
	20	25.01.27	Careers- Future world of work and STEM
	21	01.02.27	Careers- Revision Technique
	22	08.02.27	Careers- Revision Technique
HALF TERM 2			
Half Term 4 [5 weeks]	23	22.02.27	Mock Exams
	24	01.03.27	Mock Exams
	25	08.03.27	Careers- Revision Strategies
	26	15.03.27	Careers- Revision Strategies
EASTER			
Half Term 5 [8 weeks]	27	05.04.27	Careers- Revision Strategies
	28	12.04.27	Careers- Revision Strategies
	29	19.04.27	Careers- Revision Strategies
	30	26.04.27	Careers- Revision Strategies
	31	03.05.27	Careers- Revision Strategies
	32	10.05.27	Careers- Revision Strategies
	33	17.05.27	Exams
	34	24.05.27	Exams
HALF TERM			
Half Term 6 [5 weeks]	35	07.06.27	Exams
	36	14.06.27	Exams
	37	21.06.27	Exams
	38	28.06.27	Exams
	39	05.07.27	Exams

