

MESSAGE FROM THE PRINCIPAL

Dear parents and carers

What an amazing week we've had at WPA. Monday, Tuesday and Thursday evening we held our annual show, Beauty and the Beast. And what a show it was! I had the privilege to watch Tuesday night's performance and I was blown away by the commitment, attitude and sheer talent of our students. I told the audience that I was deeply proud of the students for what they'd accomplished, and I stand by that today. There were so many stand out performances from across all year groups, it was truly a special few days, and seeing the bleary-eyed performers coming into school this morning it's certainly been a tiring, but rewarding one. I would like to thank all the staff who have given up so much of their own time in order to get the show up to such a fabulous standard. A special thanks must go to Mrs Towers and Mr Oakland for their fabulous work in preparing for this show. Well done to all those involved.

Year 9 Options evening is taking place on Thursday next week, 1st February. Mrs Gerald has sent information out to all Year 9 Parents about the event. This is the start of the options process and for the first-time our Year 9s can choose their own curriculum or pathway for the first time in their lives. We very much look forward to supporting and advising them as they begin to make choices and consider their futures for the world of work or further education.

Finally, i would like to end on a couple of positives. Firstly, we have seen a real reduction in negative behaviour points across the academy, in addition to a massive surge in achievement points. I'm obviously delighted about this and look forward to bringing you more information about the Welland Park Rewards. Secondly, I am excited to say that due to Mr Tower's great work, we now have 30 children regularly attending swimming lessons funded by the Opening Schools Facilities Fund, through Leicestershire and Rutland Sport. The focus of this initiative is to enable those students who have poor water confidence or cannot swim the opportunity to learn. I am sure you will understand, learning such life skills is an important part of any child's education. In the last two weeks, four children who could not swim have now begun to swim unaided. Well done to all those involved, brilliant perseverance shown.

Pete Leatherland—Principal



MOVIE NIGHTS

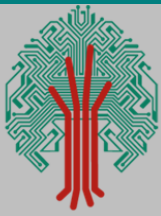
Tickets are selling really well for our very first Movie Night on 2nd February. We will be showing the new Hunger Games film—The Ballad of Songbirds and Snakes.

This is open to students, staff, parents, family and friends so do please share the details. Tickets are available from the front office at an introductory price of £3.50. We will also have a number available on the night itself.

We are planning on showing a rom com on 13th February to celebrate Valentines Day. Details of this will be released nearer the time.

Nicki Burgess— Prom/PTA Chair





FUNDRAISING—PROM 2024

Due to student demand we are continuing with the Hot Chocolate Break Bar until February half term.

Thank you to everyone who supports our fundraising . Prom 2024 will be here before we know it.

Nicki Burgess—Prom Chair



with Leicester City Hockey Club

Who: Year 6 - Year 9

Where: St Margaret's Pastures Sports Centre

When: 20/21 Feb 2024 - 10:00-15:00



- £35 for both days (£20 for single days)*
- Top quality, DBS checked coaches
- Age and/or ability split
- Kit available to borrow

*Low income support is available



TO SIGN UP, PLEASE SCAN THE QR CODE AT THE TOP OF THE PAGE, OR CONTACT US VIA EMAIL AT JUNIORADMIN@LEICESTERHC.CO.UK



RAISING FUNDS FOR COSTA RICA

Join us in the Welland Park Academy dining hall on Wednesday 7th February 6.30 - 8.30pm for our adult only quiz and bingo night! Doors open at 6.30pm with the first round of questions starting at 6.45pm. Each team can have no more than 6 players and have an entry fee of £10 per team (cash payment upon entry). There are a variety of prizes up for grabs (including cash prizes). There will also be a raffle and hot/cold drinks available on the night. Please note this event is cash only.

To register your team's place in the quiz, please email grayc@wellandparkacademy.com stating your team name and the number of people in your team.

We look forward to seeing you there!

HELP US RAISE MONEY FOR OUR STUDENTS TRIP TO COSTA RICA

QUIZ NIGHT + BINGO

WIN PRIZES!

HOT AND COLD DRINKS WILL BE AVAILABLE **WEDNESDAY 7TH FEBRUARY 6:30 - 8.30** TICKETS WILL BE £10 PER TEAM MAXIMUM 6 TO A TEAM

IN THE WELLAND PARK ACADEMY DINING HALL

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South Leicestershire School Sports Partnership
Health | Wellbeing | Knowledge | Fun | Inspiration

Nutrition NEWSLETTER

JANUARY 2024

WHY IS HEALTHY EATING IMPORTANT?

Eating a healthy, balanced diet is important to maintaining good health. This means eating a wide variety of foods, in the right proportions, to maintain a healthy body weight. The NHS Eatwell Guide is based on the 5 food groups and shows how much of what we eat overall should come from each food group to achieve a healthy, balanced diet. Find out more [here!](#)



Did you know?

Peppers, kiwis, broccoli, kale, strawberries and pineapple all contain MORE vitamin C than oranges!! Vitamin C helps to protect cells & keep them healthy. It also helps to maintain good skin, blood vessels, bones and cartilage and helps to heal wounds.



ENCOURAGING HEALTHY EATING HABITS

Be a role model Children tend to imitate, if they see you eating a wide range of healthy foods, they are more likely to try a variety of foods. Eating as a family also helps to encourage healthy habits.

Healthy snacks Have healthy snacks available between meals, such as fruit, vegetable sticks or rice cakes. **Change4Life** have lots of healthy snack ideas, find out more [here!](#)

Get children involved Research has shown that allowing children to get involved with food preparation and cooking encourages them to eat a wider variety of healthy meals. Check out some delicious and healthy family meals to make together [here!](#)

STAY HYDRATED

Children aged 4-13 should aim to drink between 6-8 glasses of water every day. Water helps to keep joints healthy, is great for teeth and helps circulate blood flow. Staying hydrated helps with concentration and focus. Not drinking enough water can result in dehydration. This can cause dry mouth, headaches, tiredness and dizziness. [Source: NHS](#)



HAPPY NEW YEAR! 2024

SET A NEW YEAR GOAL!

New year goals can help keep children and young people stay focused and motivated throughout the year. Sit down with your child and look at setting out 1 more new years goal. Ensure ideas are realistic and appropriate for their age. Netmums have some great ideas, check them out [here!](#)




January is a great time to try a new sport! Joining a team or trying out a new physical activity gives children the opportunity to meet new friends, develop their confidence, learn how to play by the rules, stay focused, be consistent, and work hard towards their goals. It also gives them a taste of competition and teaches them that there's always room for improvement.

[CLICK HERE TO FIND LOCAL SPORTS CLUBS IN YOUR AREA!](#)

[CLICK TO FIND OUT MORE!](#)

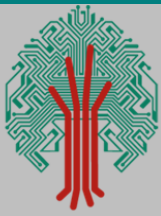
LET'S GET SOCIAL

WHAT'S MY LUNCH BALANCE?

Please check your child's lunch account balance and send money if needed! Thanks!

PLEASE REMEMBER TO TOP UP YOUR CHILD'S LUNCH ACCOUNT. THIS CAN BE DONE BY EITHER LOGGING INTO PARENTPAY OR SENDING CASH IN WITH YOUR CHILD WHICH CAN BE PUT INTO THE REVALUER.



Welland Park Academy Lunch & Deli Menu Week commencing 29th January 2024					
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Concept	Authentic Italian	Tex Mex	Best of British	Asian	Fab Friday
Option 1	Chicken Meatballs in Bharat tomato sauce	BBQ Chicken Wings	Chicken & Leek Pie	BBQ Mandarin Pork	Sausages
Option 2	Caprese Bruschetta	Chipotle Sweet Potato & Lime Taco	Cheese Slice	Sweet Chilli Stir-fry	Beetroot & Feta Burger
Sides	Cous cous Green Salad	Garlic & Herb Wedges Tangy Slaw	Roasties Roasted Roots	Wholegrain Rice Coconut Green Beans	Chips & Beans
Authentic Italian	Authentic Italian Pizza and Pasta Bar				
Hot Deli	Cheese & Tomato Panini Jacket & Topping	Tuna Melt Panini Jacket & Topping	Cheese & Onion Panini Jacket & Topping	Roasted Veg Panini Jacket & Topping	Cheese Panini Jacket & Topping

FUNDRAISING RAFFLE FOR PE

The PE department are running a raffle to raise funds to put towards student kit for the Netherlands Sports Tour in April 2024. Tickets are £5 each and will be on sale between 15th January and 15th February and can be purchased from the front office.

The prizes are either a signed replica Lewis Hamilton helmet in an LED lit display case from the 2017 season or a signed England rugby shirt from the 2019-20 season.





Newsletter Issue 19

Welland Park Academy Results Summary

Fri 19 Jan 24 - Fri 26 Jan 24



Badminton						
Time/Date	Team	Venue	Opponent	Result	Type	Report
15:30 Thu 25 Jan 24	KS4 Boys	Home	The Kibworth School	Won: 8 - 0	League	
15:30 Thu 25 Jan 24	Girls-U16A	Home	The Kibworth School	Won: 8 - 0	League	
15:30 Thu 25 Jan 24	KS3 Boys	Home	The Kibworth School	Lost: 3 - 5	League	
15:30 Thu 25 Jan 24	Girls-U14A	Home	The Kibworth School	Won: 6 - 2	League	

Football						
Time/Date	Team	Venue	Opponent	Result	Type	Report
15:15 Wed 24 Jan 24	Girls-U14A	Away	Robert Smyth Academy	Lost: 0 - 5	League	
15:15 Wed 24 Jan 24	Girls-U12A	Away	Robert Smyth Academy	Lost: 0 - 10	League	

Hockey						
Time/Date	Team	Venue	Opponent	Result	Type	Report
15:45 Thu 25 Jan 24	Girls-U16A	Home	Bourne Academy	Draw: 3-3	Friendly	

Rugby Union						
Time/Date	Team	Venue	Opponent	Result	Type	Report
14:30 Tue 23 Jan 24	Boys-U13A	Neutral	Lutterworth College	Lost: 0 - 45	Friendly	MVP(s) Toby EVANS Ben HORDER

EXTRA CURRICULAR

SPORTS FIXTURES

Sport	Team	Opposition	Venue	Teacher I/C	Transport	Meet Time	Start Time	Return Time
Tuesday 30 Jan 2024								
Football	Girls-U16A	Robert Smyth Academy	A	Mrs Ostler	Walk	14:40	15:15	16:30
Thursday 01 Feb 2024								
Football	Girls-U16A	Wigston Academy	A	Mrs Ostler	MiniBus	13:35	14:30	16:30
Friday 02 Feb 2024								
Hockey	Girls-U13A	County Tournament	A	Mrs C Burdon	MiniBus	13:00	14:00	17:00

EXTRA CURRICULAR TIMETABLE

			Location	Type	Teachers in charge*
Monday 29 Jan 2024					
12:25-13:00	Physical Education	Mixed-U16A	Sports Hall 2	PE/SS Table Tennis Moderation	Mr Blades*
15:20-16:20	Physical Education	Mixed-U16A	Sports Hall 2	PE/SS Boys Badminton Moderation	Mr Button*
15:25-16:20	Football	Girls-U14A	Field/Astro	Football	Mrs Ostler*
Tuesday 30 Jan 2024					
12:25-13:00	Badminton	KS3 Boys	Sports Hall 2		Mr Blades*
12:25-13:00	Rugby Union	Boys-U12A	Field		Mr Button*
15:20-16:30	Rugby Sevens	Boys-U16A	Field	RPN7S Final Trial	Mr Button*
15:20-16:30	Rugby Sevens	Boys-U15A	Field	RPN7S Final Trial	Mr Button*
15:30-16:30	Hockey	Girls-U12A	Astro		Mrs Burdon*
Wednesday 31 Jan 2024					
12:25-13:00	Rugby Union	Boys-U14A	Field		Mr Button*
15:20-16:20	Physical Education	Mixed-U16A	Field	PE/SS Football Moderation	Mr Blades*
15:20-16:20	Netball	Girls-U14A	TBC	Training	Mrs Jones*
15:20-16:20	Netball	Girls-U13A	TBC	Training	Mrs Jones*
Thursday 01 Feb 2024					
12:25-13:00	Physical Education	Mixed-U16A	SH2	PE/SS Netball Moderation	Miss Gray*
12:30-13:00	Badminton	Girls-U14A	Sports hall 1		Mrs C Burdon*
15:20-16:20	Rugby Sevens	Boys-U13A	Field	RPN7S Final Trial	Mr Button*
15:30-16:30	Hockey	Girls-U13A	Astro		Mrs Burdon*
15:30-16:30	Hockey	Girls-U14A	Astro		Mrs Burdon*
Friday 02 Feb 2024					
12:25-13:00	Physical Education	Mixed-U16A	Sports Hall 2	PE/SS Girls Badminton Moderation	Miss Gray*
15:20-16:20	Football	Boys-U14A	Field		Mr Button*