

		Football	Basketball	Tennis	Table Tennis	Badminton	Striking and Fielding	Athletics	Volleyball	Fitness	Netball	Emerging Games
Year 11	Focus:	Focus on game play to encourage future participation in exercise for enjoyment.	Focus on game play to encourage future participation in exercise for enjoyment.	Focus on game play to encourage future participation in exercise for enjoyment.	Focus on game play to encourage future participation in exercise for enjoyment.	Focus on game play to encourage future participation in exercise for enjoyment.	Focus on game play to encourage future participation in exercise for enjoyment.	Focus on selected events for improvement on KS3/4 personal best performances.	Recap of skills from KS3 and develop them further to include set, spike and knowledge of officiating	Personal Training Plans developed	Focus on game play to encourage future participation in exercise for enjoyment.	Focus on game play to encourage future participation in exercise for enjoyment.
	Assessment:	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold

CEIAG - Students can access a range of roles within lessons ranging from player, coach, manager & official. These experiences are there to enable all students to see what roles are available in sport and physical activity.
 SMSC - Lessons enable all students to experience the benefits of physical activity for both physical and mental health. These benefits are highlighted as well to students directly in lessons.
 Enrichment - A full range of extra curricular sporting activities that can be accessed by all and students are actively encouraged to attend.
 British Values - Key areas around sporting ethics are stressed through the year. In particularly the ideas around sportsmanship, gamesmanship and deviance.

Year 10	Focus:	Recap skills from KS3 with more focus on game play, roles and responsibilities and officiating	Recap skills from KS3 with more focus on game play, roles and responsibilities and officiating	Recap skills from KS3 with more focus on game play, roles and responsibilities and officiating	Recap skills from KS3 with more focus on game play, roles and responsibilities and officiating	Recap skills from KS3 with more focus on game play, roles and responsibilities and officiating	Recap skills from KS3 with more focus on game play, roles and responsibilities and officiating	Focus on selected events for improvement on KS3 personal best performances.	Recap of skills from KS3 and develop them further to include set, spike and apply these to game situations.	Develop knowledge on different training methods within the fitness suit for future participation in exercise.	Recap skills from KS3 with more focus on game play, roles and responsibilities and officiating	Recap games from KS3 with more focus on roles and responsibilities and officiating
	Assessment:	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold	Going for Gold

CEIAG - Students can access a range of roles within lessons ranging from player, coach, manager & official. These experiences are there to enable all students to see what roles are available in sport and physical activity.
 SMSC - Lessons enable all students to experience the benefits of physical activity for both physical and mental health. These benefits are highlighted as well to students directly in lessons.
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YEAR 11	Focus:	Autumn 1	Autumn 2	Spring 1		Spring 2		Summer 1		Summer 2
		Applying Principles of Training	Analysing and Evaluating Performance Task (AEP) Prevention of Injury	Revision Paper 1	Revision Paper 2	Revision Paper 1	Revision Paper 2	Revision Paper 1	Revision Paper 2	Revision Paper 1
Assessment:	Unit Test Principles of Training	Mock 2 Unit Test Prevention of Injury	Practical Assessment AEP Assessed	Mock 3 Final Practical Assessments External Moderation Day	External Written Exams Paper 1 & 2					

CEIAG - Focus within course around both Sports Psychology, Anatomy and Physiology, coaching and injury enables students to examine differing roles within the sports industry what they actually involve.

SMSC - The structure of the course enables students to issues around participation in sport and physical activity (Why do people take part?) and also the role of drugs in sport.

Enrichment - A full range of extra curricular sporting activities that they can access which are essential to their assessment in this subject.

British Values - Key areas around sporting ethics are stressed through the year. In particularly the ideas around sportsmanship, gamesmanship and deviance.. Also elements around drugs in sport.

YEAR 10	Focus:	The Structure and function of the skeletal system	The Structure and function of the muscular system	Movement Analysis	The Cardiovascular System	The Respiratory System	Components of Fitness
		Engagement Patterns of different social groups in physical activities and sports	Commercialisation of physical activity and sport	Ethical and Socio-Cultural issues in physical activity and sport	Sports Psychology	Health, Fitness & Well-Being	
	Assessment:	Unit Tests Skeletal System Engagement Patterns	Unit Tests Muscular System Commercialisation	Unit Tests Movement Analysis Ethical and Socio-Cultural Issues	Unit Tests Cardiovascular System Sports Psychology	Unit Tests Respiratory System Health, Fitness & Well-Being	Mock 1 Unit Test Papers of Fitness

CEIAG - Focus within course around both Sports Psychology, Anatomy and Physiology, coaching and injury enables students to examine differing roles within the sports industry what they actually involve.

SMSC - The structure of the course enables students to issues around participation in sport and physical activity (Why do people take part?) and also the role of drugs in sport.

Enrichment - A full range of extra curricular sporting activities that they can access which are essential to their assessment in this subject.

British Values - Key areas around sporting ethics are stressed through the year. In particularly the ideas around sportsmanship, gamesmanship and deviance.. Also elements around drugs in sport.

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11	Focus:	Unit R184: Contemporary issues in sport Topic Area 1: Issues which affect participation in sport Unit R185: Performance and leadership in sports activities Topic Area 1: Key components of performance	Unit R184: Contemporary issues in sport Topic Area 2: The role of sport in promoting values Topic Area 3: The implications of hosting a major sporting event for a city or country Unit R185: Performance and leadership in sports activities Topic Area 1: Key components of performance	Unit R184: Contemporary issues in sport Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport Topic Area 5: The use of technology in sport Unit R185: Performance and leadership in sports activities Topic Area 1: Key components of performance	Unit R184: Contemporary issues in sport Revision Topics 1-5 Unit R185: Performance and leadership in sports activities Topic Area 1: Key components of performance	Unit R184: Contemporary issues in sport Revision Topics 1-5 Unit R185: Performance and leadership in sports activities Topic Area 1: Key components of performance	
	Assessment:	Performance in two selected activities	Performance in two selected activities	Performance in two selected activities	Performance in two selected activities	Performance in two selected activities Witness statements R185 May Submission R184 written exam	

CEIAG - Focus within course around Sports Coaching and Leadership enable students to examine differing roles within the sports industry and how this relates to NGBs and major sporting events.

SMSC - The structure of the course enables students to issues around participation in sport and physical activity (Why do people take part?) and also the role of drugs in sport.

Enrichment - A full range of extra curricular sporting activities that they can access which are essential to their assessment in this subject

British Values - Key areas around sporting ethics are stressed through the year. In particularly the ideas around sportsmanship, gamesmanship and deviance.. Also elements around drugs in sport.

Year 10	Focus:	Unit R187: Increasing awareness of Outdoor and Adventurous Activities Topic Area 1: Provision for different types of outdoor and adventurous activities in the UK Topic Area 2: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities Unit R185: Performance and leadership in sports activities Topic Area 1: Key components of performance	Unit R187: Increasing awareness of Outdoor and Adventurous Activities Topic Area 3: Plan for and be able to participate in an outdoor and adventurous activity Topic Area 4: Evaluate participation in an outdoor and adventurous activity Unit R185: Performance and leadership in sports activities Topic Area 1: Key components of performance	Unit R185: Performance and leadership in sports activities Topic Area 3: Organising and planning a sports activity session Topic Area 1: Key components of performance	Unit R185: Performance and leadership in sports activities Topic Area 4: Leading a sports activity session Topic Area 5: Reviewing your own performance in planning and leading a sports activity session Topic Area 1: Key components of performance	Unit R185: Performance and leadership in sports activities Topic Area 5: Reviewing your own performance in planning and leading a sports activity session Topic Area 1: Key components of performance	Unit R185: Performance and leadership in sports activities Topic Area 2: Applying practice methods to support improvement in a sporting activity Topic Area 1: Key components of performance
	Assessment:	NEA written coursework Performance in two selected activities	OAA residential Teacher witness statements NEA written coursework: R187 January submission Performance in two selected activities	NEA written coursework Performance in two selected activities	NEA written coursework Performance in two selected activities Delivery of sports activity session Teacher witness statements	NEA written coursework Performance in two selected activities	NEA written coursework Performance in two selected activities

CEIAG - Focus within course on OAA., Sports Coaching and Leadership enable students to examine differing roles within the sports industry and also experience them first hand through the assessment requirements

SMSC - The structure of the course enables students to look at the social and emotional benefits of physical activity and how that may differ in differing activities that may not all have experienced before.

Enrichment - 1 day OAA trip plus a full range of extra curricular sporting activities that they can access which are essential to their assessment in this subject

British Values - Key areas around sporting ethics are stressed through the year. In particularly the ideas around sportsmanship, gamesmanship and deviance.