

		Football	Basketball	Rugby	Gymnastics	Table Tennis	Badminton	Striking and Fielding	Athletics
Year 9	Focus:	Apply core skills previously learned and apply these to game situations	Apply core and advanced skills previously learned and apply these to game situations	Apply core skills previously learned and apply these to game situations		Apply core and advanced skills previously learned and apply these to game situations with tactical awareness	Apply core and advanced skills previously learned and apply these to game situations with tactical awareness	Apply core and advanced skills to game situations and develop tactical knowledge.	Refine technique of track and field events & further improvement of personal best performance.
	Assessment:	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment		Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & improvement of Personal Bests Performance

CEIAG - Students can access a range of roles within lessons ranging from player, coach, manager & official. These experiences are there to enable all students to see what roles are available in sport and physical activity.
SMSC - Lessons enable all students to experience the benefits of physical activity for both physical and mental health. These benefits are highlighted as well to students directly in lessons.
Enrichment - A full range of extra curricular sporting activities that can be accessed by all and students are actively encouraged to attend..
British Values - Key areas around sporting ethics are stressed through the year. In particularly the ideas around sportsmanship, gamesmanship and deviance.

Year 8	Focus:	Develop core skills previously learned and increase knowledge of rules	Develop core skills previously learned, introduce advanced skills such as lay-up and increase knowledge of rules	Develop core skills previously learned and improve decision making within games. Develop further understanding of rules.	Develop core skills previously learned and introduce flight and group sequences.	Develop core skills previously learned and introduce spin, variety of serves and backhand shots.	Develop core skills and introduce advanced skills such as backhand shots, net shots and a variety of serves.	Develop core skills and introduce advanced rules and officiating	Develop technique for track and field events and be aware of how to improve performance
	Assessment:	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Improvement of Personal Bests Performance

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Year 7	Focus:	Introduce core skills of passing, control, dribbling and shooting with basic rules.	Introduce core skills of passing, control, dribbling and shooting with basic rules.	Introduce core skills of passing, catching, spacial awareness.	Introduce core skills of traveling, balances and creating sequences of these.	Introduce core skills of serve, push and introduce game play.	Introduce core skills of serve, clear, drop shot, and introduce game play.	Introduce core skills of batting, bowling and fielding and basic game play.	Introduce track and field events in line with full sporting regulations.
	Assessment:	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Setting of Personal Bests Performance

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		Fitness	Netball	Dance	OAA	Handball	Emerging Games	Tennis
Year 9	Focus:	Refine understanding and enhance experience in developing physical fitness.	Refine skills and implement these during came play with increased emphasis on tactics and officiating.			Apply core and advanced skills previously learned and apply these to game situations		Refine skills and implement these during came play with increased emphasis on tactics and officiating.
	Assessment:	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment			Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment

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Year 8	Focus:	Expand knowledge and understanding of ways to develop physical fitness.	Develop core skills previously learned, introduce advanced rules and skills.	Further develop and enhance key techniques to create an extended choreography.		Develop core skills previously learned, introduce advanced skills such as stealing and screening and increase knowledge of rules		Develop core skills previously learned, introduce advanced rules and skills. Including dropshot & Smash.
	Assessment:	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment		Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment

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Year 7	Focus:	Introduce and explore different ways of improving physical fitness	Introduce core attacking, defending and positioning principles in netball	Introduction of key terminology and skills to apply to a dance choreography such as timing, rhythm, formation.	Introduction of key values of teamwork, leadership, personal resilience through the use of differing chal-	Introduce core skills of passing,, dribbling and shooting with basic rules.	Introduce	Introduce core skills of forehand and backhand groundstrokes, volleys and serve.
	Assessment:	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment	Teacher Assessment & Self-Assessment

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