
THE
BUSHCRAFT
company
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THE WOODS
2 DAY RESIDENTIAL

THE WOODS

This residential course gives students the chance to enjoy two action packed days, learning in an unfamiliar and exciting environment, as well as spending the night sleeping out in the wild. The course will alternate between group lectures and hands-on activities, giving students the chance to put each new skill into immediate practice.

Students will be split into tribes of between ten and fifteen and assigned a group leader, allowing us to provide both a high duty of care and a concentrated focus of teaching. Each activity on this course demands teamwork, and these small groups ensure that every student contributes to the collaborative effort and can leave us with the feeling of satisfaction that comes with having worked together as a team.

We aim to give every child the breadth of opportunity and outlook that comes with new experiences and new forms of learning. Our courses have strong links to the National Curriculum and are designed to cultivate positive attitudes to learning, extending the boundaries of curricular subjects in order to promote creative and practical thinking.

We have found that they leave us, not only with a greater understanding of the British landscape, but with a new sense of confidence in themselves and in their capacity to work collaboratively.



ITINERARY

This is a provisional itinerary. Activities and/or the order of these may differ on delivery. If you have any questions about these activities, contact the school Trip Leader or The Bushcraft Company - info@thebushcraftcompany.com.

DAY ONE

Arrive 10am

Introduction to Camp

Our instructors will discuss the key elements of Bushcraft and explain what the students can realistically achieve living in the wild. They will then have a safety briefing and familiarise themselves to their new surroundings.

Fire Workshop & Wilderness Cookery

The students will learn the basic principles of the fire triangle and put this knowledge into practice by collecting wood and lighting their fires using flint and steel. They will then learn how to cook a simple meal using fresh seasonal ingredients, over the fire.

Lunch

Cutting Tools Workshop

Students will learn about the different types of tools used in the field of Bushcraft, both primitive and modern, and the reasons for their use. They will be taught safe handling techniques, helping them to understand how to manage risk effectively.

Shelter Building

The students will learn why we need shelter when we are living outside, and the types of shelter people from different societies, nationalities and places have used across the ages. Each tribe will then build their own shelter, using natural materials from around the woodland.

Supper

Evening Games

Games are a great way for the children to bond with their fellow students and their teachers. It will also help the students to use any of the remaining energy that they have left over after the day, ready for a good night's sleep.

Sleep in shelters

DAY TWO

Breakfast

Camouflage & Concealment

Students will take part in a fun camouflage and concealment exercise, employing team tactics and making the most of their surroundings to camouflage themselves and evade capture.

Trap Making

Students are taught how to make a variety of different animal traps and what they would be used for. They will learn the pros and cons of the traps.

Lunch

Bushcraft Challenge

The teams will participate in a series of fun but challenging initiative exercises that will really put them to the test, both mentally and physically. This is a great team-building activity and demands trust and communication.

Leave No Trace Procedures

The students will learn the importance of leaving their environment as they found it and understand the impact human activity can have on the natural landscape. They will be asked to strike camp and return their team camp areas to their natural state. Students will also have the chance to look over any lost property.

Depart 3pm

LEARNING OBJECTIVES

STUDENTS WILL LEARN

- How to conduct themselves safely and responsibly in an outdoor environment
- To generate and contribute to a sense of team identity
- To work as part of a team towards a shared goal
- To be proactive and to make individual contributions to group activities
- To develop confidence in unfamiliar surroundings
- To react positively to new experiences and to share these with their peers
- Where food comes from and to make informed choices about diet and lifestyle
- To think creatively about their surroundings
- To develop a greater understanding of the natural British landscape
- How to ensure that their presence in the woodland leaves minimum impact on the environment



KIT LIST

Below you can find our recommended kit list. We do stress that it is not necessary to go out and buy all new and expensive kit to come on our trips. As long as you have a **sleeping bag** and **roll mat**, **torch**, **appropriate footwear** and some **warm clothes** you will be fine, but just to be sure we have outlined the key items of kit below.

ESSENTIALS

- Large rucksack (or alternative bag/suitcase)
- Small rucksack for daytime away from camp
- Warm sleeping bag (season 3)
- Roll mat
- Tracksuit/hard-wearing trousers
- T-shirts
- Warm jumpers/fleece
- Waterproof jacket and trousers
- Warm socks and underwear
- Footwear (2 pairs - e.g. walking boots, old trainers)
- Swimwear & suitable swimming footwear e.g. old trainers (please check with school if this is planned for you)
- Towel(s)
- Wash bag including toothbrush, toothpaste and face wipes

OPTIONAL

- Sleeping bag liner
- Pillow
- Whistle
- Water bottle
- Good torch with fresh batteries
- Insect repellent
- Alcohol Hand Gel

WEATHER DEPENDENT

- Wellington boots
- Warm hat
- Gloves
- Sun cream
- Sun hat

- ✘ We kindly ask that you do not bring any sweets or snacks onto camp, particularly those containing nuts.
- ✘ We also do not advise bringing electronic equipment, such as mobile phones.



PRE COURSE

BOOKING PROCEDURES

If you would like to book a course with us, please contact one of our team, who will discuss dates and student numbers with you. We will then be able to reserve your chosen dates for up to a 2 weeks, and you will then receive an invoice for the deposit and your dates will be secured once this has been paid. Upon receipt, you will receive a course brief, our risk and insurance documents, and a directions pack.

VISIT US

We understand how important it is for you to feel comfortable with your choice of provider and we always welcome visitors. If you would like a preview of our facilities, how the courses work, and to meet the team and discuss any questions you might have, please call and book a visit in now.

POST COURSE

YOUR FEEDBACK

We always love to hear what you think of our courses so please do fill out our feedback form and send us an email or call us with any additional comments.

RE-BOOK

If you would like to book more dates, or secure the same dates for next year, please contact us in the office and make sure you don't miss out on the dates that suit you.

